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Variegated Obedient Plant

Physostegia virginiana 'Variegata'

Plant Height: 24 inches

Flower Height: 32 inches

Spread: 32 inches

Spacing: 28 inches

Sunlight: ○ ◐

Hardiness Zone: 2a

Other Names: False Dragonhead



Variegated Obedient Plant flowers
Photo courtesy of NetPS Plant Finder



Variegated Obedient Plant foliage
Photo courtesy of NetPS Plant Finder

Ornamental Features

Variegated Obedient Plant has masses of beautiful spikes of shell pink hooded flowers rising above the foliage from mid summer to early fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive pointy leaves remain emerald green in color with showy white variegation throughout the season.

Landscape Attributes

Variegated Obedient Plant is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Variegated Obedient Plant is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens

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Planting & Growing

Variegated Obedient Plant will grow to be about 24 inches tall at maturity extending to 32 inches tall with the flowers, with a spread of 32 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 28 inches apart. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.